

**PROGRAM NORDIC ART THERAPY CONFERENCE ELVERUM. NORWAY JUNE 9TH – 12TH, 2024**

<b>Sunday June 9<sup>th</sup></b>					
<b>ARRIVAL</b>					
<b>REGISTRATION</b> From 2:00 pm					
<b>WELCOME</b> 4:00 pm – 4:30 pm	<b>Astri Ziesler &amp; Kristin Svendsen, Norwegian Art Therapy Association</b>				
<b>GETTING TOGETHER</b> 4:30 pm – 6:30 pm:	<b>Astrid Hovengen &amp; Karin Jacobsen, Norway</b> «Art Therapy meets Shinrin Yoku – Nature as Therapist – to bathe and create in the Atmosphere of the Forest				
<b>DINNER</b> 6:30 pm					

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<b>Monday June 10<sup>th</sup></b>					
BREAKFAST 8:00 am – 9:00 am					
Papers I 45 min + 15 min. for questions 9:00 – 10:00 am	<b>Paper Presentation 1</b> <b>Mimmu Rankanen,</b> <b>Finland/Norway</b> «Educating Art Therapists – creating alternative Avenues of Hope”	<b>Paper Presentation 2</b> <b>Gärd Holmqvist,</b> <b>Sweden</b> “A Structural Observation Framework evaluating clients’ inner change during and after Art Therapy”	<b>Paper Presentation 3</b> <b>Caroline Beauregard,</b> <b>Canada</b> “Problem-solving through the creation of drawings and stories to regain hope”		
COFFEE BREAK 10:00 – 10:30 am					
Workshops I 2 hours 10:30 am– 12:30 pm	<b>Workshop 1</b> <b>Åse Minde &amp; Kari</b> <b>Rød, Norway</b> «Through darkness towards light»	<b>Workshop 2</b> <b>Jane Hawes, Sweden</b> «Opening Pandora’s Box – distracting our conscious brain to release Hope”	<b>Workshop 3</b> <b>Toril Slåttsveen,</b> <b>Norway</b> «Guided drawing, a tool for healing trauma and reviving hope”	<b>Workshop 4</b> <b>Katerina Zachova,</b> <b>Czech Republic</b> “A practical workshop, focusing on group art therapy where participants work divided in pairs”	<b>Workshop 5</b> <b>NB! paper + workshop</b> <b>Pia Angeria, Finland</b> “Making art visible – Balances between Private and Public – Conceptualizing an Art Therapy Exhibition”
LUNCH 12.30 – 1:30 pm					
Papers II 45 min + 15 min. for questions 1:30 pm – 2:30 pm	<b>Paper Presentation 4</b> <b>Ephrat Huss, Israel</b> “We often talk about arts as able to create a new type of “space” within which we can communicate differently. How can	<b>Paper Presentation 5</b> <b>Anna Farrokhi, Sweden</b> “How does art therapy affect work with awareness?” <b>CANCELLED!</b>	<b>Paper Presentation 6</b> <b>Jackie Heijman,</b> <b>The Netherlands</b> “Effectiveness of trauma-focused Art therapy (TFAT) for psychological trauma”		<b>Paper Presentation 7</b> <b>NB! paper &amp; workshop</b> <b>Jenni Lehmonen, Finland</b> “Making Art visible – Balances between Private and Public – Conceptualizing an Art Therapy Exhibition”

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	our profession provide these spaces for communities dealing with long term conflict and stress?? <b>Zoom</b>				
COFFEE BREAK 2:30 – 3:00 pm					
Workshops II 2 hours 3:00 pm– 5:00 pm	<b>Workshop 6</b> <b>Jenny Butler, Sweden</b> «Creating Hope in the Space between»	<b>Workshop 7</b> <b>Sisko Miettinen, Finland</b> «Understanding the evil through art, rituals and the difficulty og forgiveness”	<b>Workshop 8</b> <b>Marit Aalen, Norway</b> “Phototherapy workshop – Development of Technique”	<b>Workshop 9</b> <b>Adrian Lips, Hungary</b> «Creating self-portraits»	<b>Workshop 10</b> <b>Markus Bossmeyer, Norway</b> «Can Outsider Artists’ surprising ways to make Art, help supporting our creative Process?”
DINNER 6:00 – 7:00 pm					

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<b>Tuesday June 11th</b>					
BREAKFAST 8:00 – 9:00 am					
Papers III 45 min + 15 min. for questions 9:00 – 10:00 am	<b>Paper Presentation 8</b> <b>Suzanne Haeyen,</b> <b>The Netherlands</b> “The powerful experience – emotion regulation and self-image in personality disorders in arts and psychomotor therapies”	<b>Paper Presentation 9</b> <b>Anca Ghearasamescu,</b> <b>Romania</b> “Art Therapy with young Ukraine refugees”	<b>Paper Presentation 10</b> <b>Sanna Pikku Pyhättö,</b> <b>Finland</b> “Art Therapy as a seed of hope for socially withdrawn adolescents and young adults”	<b>Paper Presentation 11</b> <b>Sara Stayne &amp; Sophia Pankenier, Sweden</b> «Avenues of Hope – Art Therapy grounded in Neuroscience: Evidence Practice in Health Care Settings	
COFFEE BREAK 10:00 – 10:30 am					
Workshops III 2 hours 10:30 am– 12:30 pm	<b>Workshop 11</b> <b>Knut Omholt, Norway</b> « Surrender as an avenue to Hope – what can we learn from a Fairytale about the Transformation of Hope”	<b>Workshop 12</b> <b>Ingalill Johnsen,</b> <b>Norway</b> “Art as a Container for the Container: using art in supervision”	<b>Workshop 13</b> <b>Unnur Ottorsdottir,</b> <b>Iceland</b> “Joint Mirror Drawings in Art Therapy and Museums”	<b>Workshop 14</b> <b>Paola Partsalaki,</b> <b>Greece, Alessandra Agnese, Italy &amp; Carmith Shai, France/Portugal</b> “Ex umbra in solem: “When the inner Dialogue is in the silent Darkness, an Art Therapy Intervention can illuminate the Resources of Hope” <a href="#">ZOOM</a>	
LUNCH 12:30 – 1:30 pm					

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Papers IV 45 min + 15 min. for questions 1:30 – 2:30 pm	<b>Paper Presentation 12</b> <b>Celine Schweizer,</b> <b>The Netherlands</b> “Art Therapy in a museum environment as prevention”	<b>Paper Presentation 13</b> <b>Kreg Viesselman,</b> <b>Norway</b> «Equality in Art Therapy – how might we build meaningful AT program with clients with developmental disabilities and language dysfluency?”	<b>Paper Presentation 14</b> <b>Katherine Killick, UK</b> «Baby Doll» the Role of Art Making in the healing Journey of a profoundly wounded Adult in Analysis”		<b>NB! Paper 15 &amp; Workshop</b> <b>Jasmina Ferrek &amp;</b> <b>Zala Orel, Slovenia:</b> «Textile communities»
COFFEE BREAK 2:30 – 3:00 pm					
Workshops IV 2 hours 3:00 pm– 5:00 pm	<b>Workshop 15</b> <b>Maria Fjelfeldt &amp;</b> <b>Dalida Rokka, Sweden</b> “Couples in relational Crisis – a qualitative Exploration”	<b>Workshop 16</b> <b>Hannakaisa</b> <b>Hautamäki, Finland</b> «Trinity of Art – Body – Mind – Dancing – Painting – Writing – all levels of Existence”	<b>Workshop 17</b> <b>Lise Bjarkli, Norway</b> «An Art Therapy Body of Knowledge within a psychological Framework of Understanding”		<b>NB! Paper &amp; Workshop 18</b> <b>Jasmina Ferrek &amp;</b> <b>Zala Orel, Slovenia:</b> «Textile communities»
DINNER 6:00 – 7:00 pm					
Evening program	<b>Maria Falk &amp; Kenjiro</b> <b>Sato, Sweden &amp;</b> <b>Argentina</b> “Tango and Movement”				

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<b>Wednesday June 12th</b>					
BREAKFAST 8:00 – 9:00					
9:30 – 11:30	<b>Astrid Hovengen, Karin Jacobsen, Kristin Svendsen and Astri Ziesler, Norway:</b> Evaluation and “Artistic Ways of saying Goodbye”				
Check-out and DEPARTURE 12:00					

**NB! Poster placements and presentations will be announced at the conference.**

**Subject to changes**